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Professor ARDIÇ graduated from Ege University Faculty of Medicine. After completing her residency in Dokuz Eylul University Faculty of Medicine Department of Physical Medicine and Rehabilitation, she became associate professor in 1996 and professor in 2002. She received diploma of European Board in 2004 and "Trainer Certification" in 2010. She worked as a visiting fellow at University of Pittsburgh, Division of Physical Medicine and Rehabilitation in 1997-1998. In 2011, under the direction of Professor Ardıç, Pamukkale University, Department of PM&R received European Training Accreditation Certificate. Professor ARDIÇ has served as Head of the Department since 1996. Her main areas of interest are obesity rehabilitation, exercise, pain management, balneotherapy. She has 113 published articles, 116 presentations and 26 book chapters in English and Turkish.